

Choroni survival kit

This is a list of items that you are advised to bring to NebulAtom that will help you to survive in Choroni for the fortnight you will be spending there. Please give them serious consideration. In any doubt, do not hesitate to contact Claudio Mendoza (claudio@ivic.gob.ve)

1. **At least two (2) bathing suits or bikinis.** Since we will be practically going to the beach daily for a couple of weeks, it is always practical and advisable to have a dry suit to put on.
2. **Trekking sandals.** These are multipurpose sandals that one can use for walks, mountain hikes, crossing rivers, swimming, fishing, kayaking, etc. Although you can of course use flip-flops (cholas) to walk around and go to the beach, you would probably also like to go for walks to the river to bathe in wonderful cascades or just stone hopping. Boots or shoes are useless as they will certainly get wet.
3. **A cap or hat.** A constant companion!
4. **Light clothing.** T-shirts, shorts, loose short-sleeve shirts, pareos, etc.
5. **Sun lotion and moisturizing cream.** The sun is very strong and you will always need sun protection and skin care, particularly for your back, shoulders, face and feet.
6. **Mosquito repellent.** Although Choroni is not a mosquito swamp, you may need protection at dawn or sunset, or if you are going for hikes. One never knows!
7. **US\$ in cash,** if you are coming from abroad.